## What is Religious Science? - The Teachings of Ernest Holmes



#### What Religious Science Teaches by Ernest Holmes

★★★★★ 4.7 out of 5
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Screen Reader : Supported
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Religious Science is a spiritual movement founded by Ernest Holmes in the early 20th century. It is based on the principles of New Thought, a philosophy that emphasizes the power of the mind to create our reality. Religious Science teaches that we are all connected to a Divine Source, and that we have the power to create a life of abundance, prosperity, and joy.

#### The Teachings of Ernest Holmes

Ernest Holmes was born in 1887 in Maine. He was a sickly child, and he often turned to religion for comfort. As he grew older, he began to question the traditional Christian beliefs that he had been taught. He eventually came to the that there was a more loving and compassionate God than the one he had been taught about in church.

In 1912, Holmes founded the Institute of Religious Science in Los Angeles. The institute offered classes on spirituality, metaphysics, and mind power. Holmes' teachings quickly gained a following, and Religious Science soon became one of the most popular spiritual movements in the United States.

Holmes' teachings are based on the following principles:

- We are all connected to a Divine Source.
- We have the power to create our own reality.
- We are responsible for our own happiness and well-being.
- We can use our minds to heal ourselves and others.
- We can manifest our desires by focusing our attention on them.

#### The Benefits of Religious Science

Religious Science can offer a number of benefits, including:

- Increased spiritual awareness
- A deeper understanding of the nature of reality
- Greater self-confidence and self-esteem
- Improved mental and physical health
- Increased financial abundance
- More fulfilling and meaningful relationships

#### **How to Practice Religious Science**

There are many ways to practice Religious Science. Some people attend weekly services at a Religious Science church or center. Others read books and articles about Religious Science, listen to audio recordings of Holmes' teachings, or participate in online courses.

There is no right or wrong way to practice Religious Science. The most important thing is to find a practice that works for you and that helps you to connect with the Divine Source and create a life of abundance and joy.

Religious Science is a powerful and transformative spiritual movement that can help us to live more fulfilling and meaningful lives. Through the teachings of Ernest Holmes, we can learn to connect with the Divine Source, create our own reality, and manifest our desires.



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