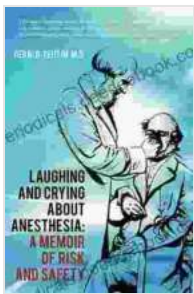


# Laughing and Crying About Anesthesia: The Strange and Wonderful Effects of Going Under

Anesthesia is a powerful drug that can make you feel happy, sad, or even hallucinate. It's used during surgery to keep you pain-free and unconscious, but it can also have some strange and wonderful side effects.



## Laughing and Crying About Anesthesia: A Memoir of Risk and Safety by Adolph Barr

★★★★☆ 4.5 out of 5

Language	: English
File size	: 509 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 274 pages
Lending	: Enabled
Paperback	: 494 pages
Item Weight	: 1.48 pounds
Dimensions	: 6 x 1.24 x 9 inches



One of the most common side effects of anesthesia is laughing. This is usually caused by the release of endorphins, which are natural painkillers that also produce feelings of euphoria. Laughing during anesthesia can be a pleasant experience, but it can also be embarrassing if you're not expecting it.

Another common side effect of anesthesia is crying. This is usually caused by the release of hormones such as cortisol and adrenaline, which can produce feelings of stress and anxiety. Crying during anesthesia can be a frightening experience, but it's important to remember that it's usually just a temporary side effect of the drug.

In addition to laughing and crying, anesthesia can also cause a variety of other side effects, including:

- Nausea and vomiting
- Dizziness
- Blurred vision
- Confusion
- Hallucinations

Most of these side effects are mild and will go away within a few hours of waking up from anesthesia. However, some side effects, such as hallucinations, can be more serious and may require medical attention.

If you're concerned about the side effects of anesthesia, talk to your doctor before your surgery. They can tell you what to expect and how to minimize the risks of side effects.

## **Laughing During Anesthesia**

Laughing during anesthesia is a common side effect that is usually caused by the release of endorphins. Endorphins are natural painkillers that also produce feelings of euphoria. Laughing during anesthesia can be a

pleasant experience, but it can also be embarrassing if you're not expecting it.

There are a few things that can increase your risk of laughing during anesthesia, including:

- Being female
- Being young
- Having a history of anxiety or depression
- Taking certain medications, such as opioids or antidepressants

If you're concerned about laughing during anesthesia, talk to your doctor before your surgery. They can tell you what to expect and how to minimize the risks of laughing.

## **Crying During Anesthesia**

Crying during anesthesia is another common side effect that is usually caused by the release of hormones such as cortisol and adrenaline. These hormones can produce feelings of stress and anxiety, which can lead to crying. Crying during anesthesia can be a frightening experience, but it's important to remember that it's usually just a temporary side effect of the drug.

There are a few things that can increase your risk of crying during anesthesia, including:

- Being female
- Being young

- Having a history of anxiety or depression
- Taking certain medications, such as opioids or antidepressants

If you're concerned about crying during anesthesia, talk to your doctor before your surgery. They can tell you what to expect and how to minimize the risks of crying.

## **Other Side Effects of Anesthesia**

In addition to laughing and crying, anesthesia can also cause a variety of other side effects, including:

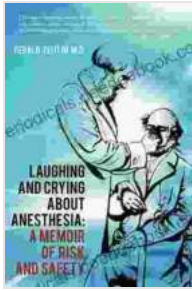
- Nausea and vomiting
- Dizziness
- Blurred vision
- Confusion
- Hallucinations

Most of these side effects are mild and will go away within a few hours of waking up from anesthesia. However, some side effects, such as hallucinations, can be more serious and may require medical attention.

If you're concerned about the side effects of anesthesia, talk to your doctor before your surgery. They can tell you what to expect and how to minimize the risks of side effects.

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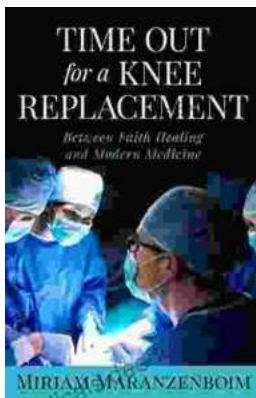
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